

8th June 2020

# the phoenix chudleigh

[www.chudleighphoenix.co.uk](http://www.chudleighphoenix.co.uk)

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## Tegan's Magic Fundraiser...

Next Saturday, there will be magic in the air, or at least out there in the ether, when a Chudleigh girl puts on a show to raise money for charity.

Ten year old Tegan Lea-Weston has been teaching herself magic; and has decided to put her lockdown skills to good use. She is raising money for Cancer Lifeline South West.

She came up with the idea herself and put together her own [promotional video](#). Together with her mother, Lisa, she set up a fundraising page last Friday and set a target of £200.

Well, she raised that amount within 24 hours, so on Saturday, the target was raised to £500. And at the time of going to print, the total raised so far is nearly £450 and still rising.

Tegan's show will be live on Facebook at 5pm on Saturday 13th June. You can find the invitation by [clicking here](#). In the meantime, she's practising hard and we're all wishing her luck and cheering her on.



If you'd like to make a donation, you can find Tegan's page by [clicking here](#).

the phoenix chudleigh is proud to support



A cancer diagnosis can have a far-reaching effect on people and their families. The diagnosis is shocking and the treatment is often aggressive; the whole experience is highly traumatic.

Post treatment is a time when people are expected to 'get back to normal' but for many 'normal' has changed for ever. The shock of the diagnosis and treatment wears off and the reality sets in. It can be a time when people feel isolated and alone.

Cancer Lifeline South West offers 3-day residential breaks for cancer patients—on their own or with a relative or friend—providing an opportunity to accept what has happened; understand the new normal; and plan for the future.

The charity's Trustees include Tegan's mother, Lisa Lea-Weston (a former client of CLSW and the brains behind Chudleigh's own Scrambled Legs) and Kate McCormick, editor of Chudleigh Phoenix.

We are expecting demand for our breaks to be higher than ever after lockdown is lifted. And our ability to fundraise is severely restricted at present. [Please support us if you can](#).

Huge thanks to everyone who bought facemasks at last week's market; to Mel and Donna for selling them; and to the Chudleigh sewists who made them. We raised nearly £100 for CLSW.

## Useful websites and telephone numbers

Chudleigh Covid Task Force: 01626 853140

or email: [clerk@chudleigh-tc.gov.uk](mailto:clerk@chudleigh-tc.gov.uk)

[Medical Advice](#)

[Government Guidelines](#)

[Help and Support for businesses](#)

[Employees: Statutory Sick Pay](#)

[Employees: Short Timeworking](#)

[HMRC Coronavirus Helpline: 08000159559](#)

[HMRC Self-Assessment Payment Helpline: 03002003822](#)

Helpful information can also be found on the Devon County Council website by [clicking here](#).

A huge thank you to our sponsor, Webselect, for agreeing to let us move to weekly distribution for the duration.

## From the Editor

**T**here's quite a lot in this week's edition about children. Hopefully you will have noticed our front page article about young Tegan Lea-Weston who is raising money for Cancer Lifeline South West by performing a Magic Show. As a Trustee of CLSW, I am delighted at what she is doing, and the money she's raising. And as an individual and a friend of the family, I am hugely proud of her.

But if you check out the stories on page 11, you will find some more uplifting child-centred news. Good luck to Amy and Aiden Cole who are spending this week covering 40 miles each as they take part in the Devon Virtual Games, and raise money for Paignton Zoo at the same time.

Many congratulations to everyone involved in the project to establish the new garden at the school. It looks

magnificent; and if we get an invitation to the party, whenever that happens, we'll give you the front page.

And finally, parents and grandparents, make sure the children know about the Summer Reading Challenge that's open right now.

Don't forget, if there's someone you'd like to thank for their support; if someone you know is celebrating a birthday or other special event; drop us a line and we'll publish a message to them on your behalf. Or if your business needs a bit of publicity, just ask. We've waived all fees to commercial businesses for the duration. The weekly version of Chudleigh Phoenix isn't as colourful as the monthly one. But it does the trick; at least that's what you keep telling me.

Until next week, stay safe and healthy.

Kate

## The Continuing Need For Vigilance

Unfortunately, at times like this we are vulnerable not only to all the risks out there normally, but also the unscrupulous folks who take this situation as an opportunity to operate some wicked new scams. Please continue to take care.

Last week, we expressed concern about the possibilities for scams presented by the government's new Test and Trace system for Covid-19 infections.

This week, the newsletter from the Police and Crime Commissioner also addressed this topic. The following is taken in full from that newsletter:

**D**evon County Council and Torbay Council were selected as beacon authorities to implement local plans after receiving a share of a £300m investment to help establish local outbreak plans which will include local coordination and management of infection control and of local testing and tracing arrangements.

In addition, the national NHS Test and Trace service went live last Thursday.

Commissioner Alison Hernandez urged residents to be mindful that criminals might try to exploit the situation.

"In Devon and Cornwall we are fortunate that we have so far had among the lowest infection rates and by working hard together we can ensure this remains the case," she said.

"Unfortunately there are some unscrupulous people who try to exploit situations such as this so I am asking residents of Devon, Cornwall and the Isles of Scilly to take a few simple precautions

to ensure they do not fall victim to scams."

The Devon and Cornwall Police's Cyber Protect Unit has issued the following advice:

Contact tracers will NEVER:

- Ask you to dial a premium rate number to speak to them (for example, those starting in 09 or 087);
- Ask you to make any form of payment;
- Ask for any details about your bank account;
- Ask for your social media identities or login details, or those of your contacts;
- Ask you for any passwords or PINs, or ask you to set up any passwords or PINs over the phone;
- Ask you to purchase a product;
- Ask you to download any software to your device or ask you to hand over control of your PC, smartphone or tablet;
- Ask you to access any website that does not belong to the Government or NHS.

The ONLY website the service will ask you to visit is:

[contact-tracing.phe.gov.uk](http://contact-tracing.phe.gov.uk)

## Deceit is a dangerous game...and everyone's playing

Elizabeth Deric

Author of the prize-winning *Comtejai!*

### DECEPTION!



Danger stalks the streets of Rio in Book 2 in the Suzanne Jones series

"It would make a great film- very much in the style of Bond or the Night Manager."

5\* review  
Amazon

Elizabeth Deric's books are free to download and read for Kindle Unlimited members

Paperback or ebook

## Download now

### NHW Co-ordinator

Cllr Chris Webb

can be contacted by [email](mailto:editors@chudleighphoenix.co.uk) or by phone: 07968508451



Copy date Saturday 13th June for the next issue. Email us:

[editors@chudleighphoenix.co.uk](mailto:editors@chudleighphoenix.co.uk)  
or phone us: 01626 854611.

The editor reserves the right to edit copy for considerations of space. Views expressed in CP are not necessarily those of the editor.



## Chudleigh Notices

### Chudleigh Together

Chudleigh Together seeks a volunteer who can help create and administer a FaceBook page, with the support of the coordinator. We run a befriending service for residents in Chudleigh and have been going for 18 months now. We work in partnership with Volunteering in Health and the Chudleigh Town Council, have a dozen or so volunteers and are currently supporting around 20 residents through telephone contact.

Chudleigh Together is a SEARCH project and we currently publicise ourselves on the SEARCH FaceBook page but would like to create our own page now that we have grown. If you are nimble with social media and fancy having a go at this, please contact Mary Anne McFarlane: 01626 852002, or email: [maryannemcfarlane@gmail.com](mailto:maryannemcfarlane@gmail.com).



CHUDLEIGH TOGETHER

### SEARCH: Plastics Reminder

This picture of a blackbird nest in a garden in central Chudleigh shows the effect of plastic on our wildlife. Please don't litter plastics, find alternatives and make sure they are put in the right bin.



Here is a relevant extract from [Plastic Patrol UK](#):

#### **Plastics – the new nest material**

Out on the waterways we see nests full of plastic – from bags to cigarette butts. Plastic is a material with some wonderful properties: it's durable, an insulator, lightweight and strong. As Ben Wurst, who has spent his life studying ospreys, said: "birds see plastic as a useful resource for them to build their nests from, but they don't see the potential danger." There are many reports of chicks becoming entangled in plastic—trapped and strangled by their own nests. Plastic is also indigestible, and you can only imagine what happens if a bird accidentally consumes plastic waste.

The temperature of nests is also carefully controlled to ensure correct embryo development within an egg. As plastic is a great insulator (keeps things warm), plastic-laced nests may be hotter than those made with natural materials, affecting chick development. Plastic items are also often brightly coloured, making nests more visible to predators.

### Cleaning of Holiday Lets: thoughts from a Property Manager

We are getting ever nearer to the influx of tourists and therefore the opening of holiday lets, whether they be chalets on the holiday parks or the various cottages and barn conversions across the area. We estimate there are over 700 holiday properties in the Chudleigh area including Finlake etc. Each week, every one of these properties will have a change of guests.

Our Town is home to many seasonally employed holiday let cleaners and property managers. These changeover and cleaning staff are at the Front Line and will be required to enter rooms or properties that could have been occupied by a guest who has contracted the virus. Given the numbers and the fact that these people will be visiting multiple rooms / properties, the risk of contracting and spreading the virus is potentially much greater than for nursing homes, carers or retail.

Some companies, such as AirBnB, are taking this threat seriously and have published guidelines which you can download by [clicking here](#).

The guidelines follow the US CDC (Centers for Disease Control and Prevention) advice as there are no suitable similar guidelines issued by our government to date.

In order to provide the safest environment for our local workers and visiting guests:

- Nobody should be entering any property before three hours have elapsed to allow any airborne virus to have settled.
- No cleaners should be entering any property until after 24 hours have elapsed and certainly no new guests should be allowed access until after 24 Hours.
- The virus is potentially still active for up to 72 hours on hard surfaces and all these must be thoroughly disinfected between guests.
- Used linen and towels need to be sealed in bags and left for 72 hours before washing at over 50 degrees.
- All staff need to be provided with the appropriate personal protection equipment (PPE) to keep them and guests safe.

The background to this is that I have had multiple email exchanges with Public Health England and currently there are no plans to issue guidance for the tourist industry to safeguard workers or guests. Apparently the tourist industry has to make its own deductions based on the guidelines that have been released for other industries! I have also exchanged emails with Mel Stride and Anne Marie Morris (MPs for Central Devon and Newton Abbot respectively) and they are both supportive that this is something that needs addressing and have forwarded my messages to the appropriate authorities.

The NHS is ramping up for another peak in the South West mainly due to the influx of holiday guests, probably around September. As you may know, the R number (Reproduction number) for the South West is over 1 and rising!

This Virus is not leaving us anytime soon! If just one or two of our community start bringing this virus back to their families we will have our own local epidemic!

If anyone has comments or suggestions how we can get this message out to those involved in this industry and at the most risk, and owners who are letting properties it would be most helpful.

James Bushell  
[james.bushell@talk21.com](mailto:james.bushell@talk21.com)

## Chudleigh Task Force Newsletter

**COVID-19 CHUDLEIGH TASK FORCE**

# DO YOU NEED HELP?

CALL OUR COMMUNITY HELPLINE  
01626 853140, 9AM-4PM, MON-SAT

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### WHAT WE CAN DO...

**Are you over 70, or do you have a medical condition which means you should be self isolating? Did you know that over 200 people in our community have volunteered to provide help with day-to-day activities?**

From walking the dog to having a natter on the phone, from collecting prescriptions to picking up shopping, a newspaper or a

parcel/letter from the Post Office, our wonderful volunteers have helped a wide range of residents. We've even set up a Lending Library so you can borrow books, audio books, DVDs or jigsaw puzzles to keep you entertained during the lockdown - delivered following all sanitising protocols.

Our Covid-19 helpline operates 6 days a week, but we sometimes

see people out and about who may be safer staying home and using a community volunteer for their errands in town.

Given that the restrictions on individuals movements has been extended and may remain in place for some time to come, please remember we are here to help. You can call or email: [clerk@chudleigh-tc.gov.uk](mailto:clerk@chudleigh-tc.gov.uk)



# Chudleigh Task Force Newsletter

## COVID-19 CHUDLEIGH TASK FORCE

### IF YOU ARE SELF ISOLATING

We know that many over 70s are in the habit of daily outdoor exercise and keep social distances. But please remember we have lots of volunteers wanting to help you avoid risky closer contact in shops etc. Please give us a call, don't take unnecessary risks.

### IF YOU ARE NOT SELF ISOLATING

If you're not self isolating we're asking all Chudleigh residents to make contact with your nearest 5 neighbours. A friendly call, a note through the door, or helping to buy groceries can make the world of difference.

### FINANCIAL HELP & FOOD BANKS

If you are experiencing financial difficulties, please contact Citizens Advice Teignbridge on 01626 322260, 07867012580 or the Job Centre. Referrals are needed from these or Doctors surgeries to schools etc, to access food banks.

### FACE MASKS

While current Government guidelines (at the time of writing), don't call on the public to cover their mouths and noses when outside, the British Medical Association has pressed for this to be changed citing 'emerging evidence' that it may help to control the spread of Covid-19. Use a scarf, an old t-shirt, or a homemade face mask that can be washed after use. For more info see: [www.bma.org.uk/news-and-opinion/government-should-explore-public-use-of-face-coverings-but-nhs-staff-must-be-priority-for-ppe-supplies-says-bma](http://www.bma.org.uk/news-and-opinion/government-should-explore-public-use-of-face-coverings-but-nhs-staff-must-be-priority-for-ppe-supplies-says-bma)

### LOCAL SHOPS/HOME DELIVERIES

Some of our local shops and takeaways are still open and offer home delivery or social distancing on pick-up. Sign up to the local on-line magazine [www.chudleighphoenix.co.uk](http://www.chudleighphoenix.co.uk), to keep up-to-date.

### CORONAVIRUS FAQ

- I am ill, where can I go for advice?  
For the latest advice go to NHS online - <https://www.nhs.uk/covid-19>
- Is the Town Council still operating?  
Yes we are, but the Town Hall is closed to the public. Council staff are manning the community helpline 6 days a week from home.
- I'm unable to leave the house, how can I get food/prescriptions?  
Call our helpline.
- I've lost my job, and can't pay my rent, what can I do?  
If you're concerned about finances, please call the Citizens Advice Teignbridge on 01626 322260, or Text/Whatsapp 07867012580

### USEFUL NUMBERS

- Devon Domestic Abuse Support Services: 0345 155 1074
- National Domestic Violence helpline: 0808 2000 247
- Devon and Cornwall Police: Call 101 or 999 in an emergency
- [www.samaritans.org](http://www.samaritans.org) - call 116 123
- HMRC Coronavirus Helpline: 0800 024 1222
- HMRC Self-Assessment Payment Helpline: 0300 200 3402
- Teignbridge District Council Coronavirus Support Line: 01626 215512
- Adult Social Care: 0345 1551 007 or email [csc.caredirect@devon.gov.uk](mailto:csc.caredirect@devon.gov.uk)
- Children's Social Work Services: 0345 155 1071 or email [mashsecure@devon.gov.uk](mailto:mashsecure@devon.gov.uk)
- Devon Coronavirus Emergency hotline (for people in the shielded category, who need food deliveries or need other help because they are isolated) 0345 1551011.
- Pastoral Support: Revd Paul Wimsett 01626 853241 or email [paul.wimsett@talktalk.net](mailto:paul.wimsett@talktalk.net) or Eleanor Moffatt 07590 844593 email [minister@chudleighbaptistchurch.co.uk](mailto:minister@chudleighbaptistchurch.co.uk)

## WHO ARE WE?

The Covid-19 Task Force is made up of John, Amii and Diane from the Town Hall, Town Councillors Bennett, Bellchambers, Boston, Bushell, Castle, Evans, Frost, Shaw & Tinkler; and local residents Dr Emily Simcock, Mary Anne McFarlane and David Bone.

Over the past month we've developed safe working practices, trained and set up a rota of volunteers and put in place computerised online logging and delivery systems: and our wonderful community of volunteers have delivered over 300 bags of shopping and prescriptions.

As the lockdown continues we are turning our thoughts to the need to support local residents who are unable to get out, and may potentially feel isolated or lonely. The Task Force are working in partnership with Chudleigh Together to offer telephone support to all residents who may benefit from it, utilising the volunteers who are willing to do telephone support and have DBS checks in place already.

Anyone missing those chats with neighbours over the garden fence, the quick catch-up at the local shops, or a coffee and natter with friends, should contact 01626 853140.

We'd love to chat.



## Teignbridge Notices

### TDC Updates

Teignbridge District Council issued two bulletins last week. The first, issued on Thursday 4th June, includes items on Covid-19 support for small businesses; a survey on plans for the transformation of Newton Abbot town centre; and recycling issues. It can be accessed by [clicking here](#).

The second, issued on Friday 5th June, is aimed more at Town and Parish Councils, but contains issues relevant to all of us, including safety measures for reopening of non-food retail outlets. It can be accessed by [clicking here](#).



### Local Plan Consultation

Consultation on the Teignbridge Local Plan Part 1 is to be extended by four weeks following updated Government guidance.



Launched on 23rd March, the consultation will now close on 13th July, giving residents a total of 16 weeks to comment on the proposed policies and principles to be applied to all new developments. You can get all the details and have your say by [clicking here](#).

### Easing of Restrictions at Recycling Centres

From last week, Household Waste Recycling Centres (HWRC) vehicle restrictions have been eased to allow access to the following:



- Bicycles (including cycle-towed trailers) with social distancing in place; they will need to queue as part of the traffic flow to be directed to a unloading space by site staff;
- All van-based people carriers with seats in the back;
- All trailers that comply with the normal vehicle restrictions except for at Sidmouth, Totnes and South Molton for now (due to congestion caused by trailers on sites with limited capacity);
- All pick-ups (but not towing trailers as per the normal vehicle restrictions at all recycling Centres).

Vans/commercial vehicles currently remain excluded from all of the sites; this will be reviewed shortly when a booking system can be introduced. Pedestrians are also not allowed to deposit waste due to health and safety concerns attached to parking vehicles outside of the sites and walking waste in. Any pedestrian wanting to dispose of waste is asked to contact TDC if they cannot use the District Council kerbside facilities.

A reminder of the new working practices when visiting a recycling centre in Devon:

- To protect the public and staff a series of health protection measures is in force at each centre, including a one-in one-out policy and the two-metre social distancing guidelines.
- Unfortunately, this means for the time being site staff will not be able to assist with unloading waste.
- Residents displaying coronavirus symptoms, are asked not to visit the recycling centres.
- Payments on site must be by credit/debit card only.
- Queues are to be expected due to the much reduced capacity at our sites while catering for social distancing.

### Councillors' Community Fund

Local Councillors have £1,500 each year to spend on projects within their Wards. There is no lower limit but projects costing more than £1,500 could be supported by other Councillors combining monies if they wanted to.



The Councillors' Community Fund can only support one-off projects and cannot be used to replace withdrawn public funding or provide/imply any ongoing support. Applications can only be received from not-for-profit groups and organisations and not individuals. You can get full details or make an application by [clicking here](#).



## Teignbridge CVS

The latest issue of the Community and Voluntary Services monthly Funding News is available now. It is packed with opportunities for grants and other funding options for charities and community organisations. You can download it from the Chudleigh Phoenix website by [clicking here](#). Teignbridge CVS also posts funding opportunities daily on [Facebook](#) and [Twitter](#).

### We have updated our website to include a Covid – 19 specific area. This new area includes:

- **Updates from the Government, Devon County Council and Teignbridge District Council**
- **Guidance for local groups in areas such as DBS checking**
- **How you can use your charitable funds**
- **Safeguarding**
- **Setting up a Mutual Aid Group**
- **Guidance for Groups offering Food and more**
- **Funding available for Covid-19 activities**

We will be updating [this site regularly](#)

We have a closed Facebook site for groups working to support the Covid-19 emergency; where you can ask questions of other providers, suggest good practice and generally make contact.

To join the group please contact [Holly](#).



## Devon Notices

### DCC Update

Devon County Council issued two bulletins last week. The first, issued on Tuesday 2nd June covers: children returning to school; relaxation of restrictions for people considered extremely clinically vulnerable; free business toolkit; recycling centre restrictions eased; new advice on accessing green spaces safely; getting around and travelling safely; help available from your local district council; and NHS Nightingale Hospital Exeter update. You can access it by [clicking here](#).



The second, issued on Friday 5th June covers: a warning about test and trace scams; what is the R value?; improvements for walkers and cyclists; route map for local economic recovery; face coverings to be worn on public transport; antibody testing begins in Devon; celebrating carers week at home; and hold on to your library books. You can access it by [clicking here](#).

### Devon and Cornwall Police Updates

Launching her #ByYourSide campaign, Police and Crime Commissioner, Alison Hernandez, underlined her commitment to support victims of crime reaching out for help and advice, and providing access to essential services to help them recover from what has happened.

The aim of the campaign is to remind people suffering with the effects of a crime past or present, such as abuse, violence or rape, that help is available across Devon, Cornwall and the Isles of Scilly.

Operated by Victim Support, help can be accessed 24/7 online or via telephone, whether a crime has been committed or not. More on our [website](#).



### **PCC welcomes findings of PACTS report**

The Police and Crime Commissioner has welcomed a report issued by the Parliamentary Advisory Council for Transport Safety (PACTS) calling for tighter enforcement of laws and the prioritisation of roads policing to save lives and tackle wider criminality.

PCC Alison Hernandez, who is also the national lead for roads policing for the Association of Police and Crime Commissioners highlighted the excellent work of police officers across Devon and Cornwall who are working to tackle enforcement on the region's roads. More on our [website](#).

### **Response to George Floyd protests**

Alison Hernandez said: "The death of George Floyd has shocked people around the world and I understand that people want to express their solidarity with his family, friends and those campaigning against racism.

"Intolerance of others based on their ethnic background has absolutely no place in a civilised society. I am pleased that here in Devon, Cornwall and the Isles of Scilly we have a proud tradition of community policing, a robust response to hate crime and a police force that actively assists people who want to protest peacefully and publicly to make their feelings known to us all."

"I note that those who have been in touch with the force about organising demonstrations say that they will observe the coronavirus regulations. If people take part I would appeal to them to heed advice from organisers, police and health experts so that their actions do not impact negatively on our communities by putting others' safety at risk."

### **Hocking House Podcast**

The Commissioner is now updating residents on police, crime and commissioning via a weekly podcast which is available via iTunes and online at Audioboom.

Episode 9: The PCC fields your questions in the week that littering, anti-social behaviour and concerns about camping dominated headlines. Plus we hear from some of the services still providing help for those affected by crime in Devon and Cornwall. Listen to the most recent podcast by [clicking here](#).

### **Other PCC news**

- [Divas help police learn new lines](#)
- [Enjoy our wonderful counties but please 'think twice' before you head out](#)
- [Three simple steps you can take to ensure you travel safely as the lockdown eases](#)

### **Help and support for victims of crime**

Victim Support provide free and confidential support. Victim Support is a charity and is not part of the police.

If you live in Devon, Cornwall and the Isles of Scilly you can contact Victim Support for information and advice, using a [live web chat](#) 24 hours a day 7 days a week. You can also contact Victim Support on Freephone 0808 1689 111.

Find out about other ways to contact Victim Support, including if you are deaf or hard of hearing by [clicking here](#).

In addition, the Victim Care Unit can be contacted on 01392 475900 from 8am to 8pm on Monday to Friday and 9am to 5pm at the weekend. Information on the practical and emotional support on offer is available by [clicking here](#).

### **Frequently Asked Questions**

Devon and Cornwall Police has published a list of frequently asked questions around Coronavirus, on their website. They cover a range of topics including daily life, crime, police response to Covid-19 and day to day police work. These FAQs are updated frequently and we recommend you check them regularly by [clicking here](#).

### **Reporting crime to Devon and Cornwall Police**

In a non-emergency, you can report a crime 24 hours a day, seven days a week on 101 webchat or on the [online crime reporting form](#)—both on the [force website](#).

There's also a useful [AskNed system](#) that provides online advice on a range of issues and, by signing up to Neighbourhood Alert, regular updates and information. At this difficult time please remain vigilant and report anything you think might be suspicious.

**In an emergency situation, always dial 999.**

Crime can also be reported anonymously via Crimestoppers on 0800 555 111 or via its [website](#).

### **Covid-19 update**

The situation continues to change rapidly so for up to date advice on the Covid-19 virus please visit the [Force website](#).



**DEVON & CORNWALL CONSTABULARY**

## Devon and National Notices

### Business Growth Hub



[Consult our website](#); [Email us](#);  
Give us a call: T: 03456 047 047

The latest bulletin from the Heart of the South West Business Growth Hub is available now. Full of information about business support, including the various Covid-19 support schemes, it can be accessed by [clicking here](#).

### NCVO

The National Council for Voluntary Organisations issues regular bulletins full of information, advice and funding news. You can register to receive these bulletin by [clicking here](#). You can read the latest bulletin by [clicking here](#).



### Employer Support

HM Revenue and Customs issued a bulletin on Wednesday 3rd June with an update on the Statutory Sick Pay Rebate Scheme. You can access it by [clicking here](#).

A further bulletin was issued on Friday 5th June with an update on the Job Retention Scheme. You can access this by [clicking here](#).

There are webinars available on both schemes. You can get details of these by [clicking here](#).

You can get additional information on Covid-19 business support on the Government website, by [clicking here](#).



### Coronavirus FAQs

The government has set out its plan to return life to as near normal as possible, for as many people as possible, as quickly and fairly as possible in order to safeguard livelihoods, but in a way that is safe and continues to protect the NHS.

The government has published guidance on staying safe outside your home and guidance on social distancing rules. You can find key FAQs (Frequently Asked Questions) to help you prepare for these changes by [clicking here](#).



### Making A Face Covering

The advice from the government on the benefit of wearing of face coverings has been variable and sometimes contradictory in the past couple of months. However, as we move forward, they are becoming mandatory in some places, such as on public transport or in hospitals.

At a time when proprietary face masks are required primarily for key workers in the NHS and other high risk roles, the rest of us are asked to use other types of face coverings where possible. Advice is provided on the government website on a variety of ways to make a home-made face covering. You can get all the details by [clicking here](#).



### Face Covering in Hospitals

HM Government

## CORONAVIRUS

**Updated guidance to prevent spread of COVID19 in hospitals**

- ▶ All staff to wear surgical masks
- ▶ All visitors to wear face coverings

**STAY ALERT > CONTROL THE VIRUS > SAVE LIVES**

Statement issued by Department of Health and Social Care on Friday 5th June: "It is vital to stop the spread of #COVID19 in hospitals—among staff, patients and visitors. We're issuing guidance advising staff to wear surgical masks and all visitors and outpatients to wear face coverings at all times." Get full details by [clicking here](#).

### Self-Isolation Requirements

HM Government

## SELF-ISOLATE WHEN ALERTED

If you're told you have been exposed to an infected person you must self-isolate for 14 days

PLAY YOUR PART  
AVOID A SECOND PEAK

**STAY ALERT > CONTROL THE VIRUS > SAVE LIVES**

To put it another way...



The idea is to isolate ourselves now so that when we can get together again...  
**Nobody is missing.**



## Chudleigh Businesses

Business	Contact	Comments
Beardon Dexters	01647 252271	Deliveries only at present. Order by phone.
Bishop Lacy	01626 854585 <a href="https://thebishoplacy.touchnettakeaway.net/store">https://thebishoplacy.touchnettakeaway.net/store</a>	Takeaway (delivery only) Thursday to Saturday 5pm to 8pm; Sunday noon to 6pm.
Chudleigh Chippy	01626 852285	Opening days vary; currently Thursday to Saturday, 5pm to 8pm.
Chudleigh Coop	01626 854403	Open 7 days per week; 7am to 8pm.
Chudleigh DIY and Hardware	01626 859179	Open Monday to Saturday, 10am to 2pm. Deliveries possible.
Chudleigh Laundrette	07762 457743	Service Washes: by arrangement, phone for details. Otherwise, open 24/7 for self-service.
Chudleigh Post Office	01626 852149	Open Monday to Friday, 10am to 3pm; Saturday, 9am to noon.
Chudleigh Spar	01626 437367 <a href="mailto:chudleigh@sparcl.co.uk">chudleigh@sparcl.co.uk</a>	Open 7 days per week; 7am to 10pm. Deliveries to self-isolated only. Order by email or phone. Payment by phone.
Evergreen Farm	01409 220113 07495 589689 <a href="mailto:info@evergreenfarm.co.uk">info@evergreenfarm.co.uk</a>	In market Thursday mornings; deliveries Thursday pm. Email orders with your address and telephone number by Tuesday at the latest.
Gills	01626 852214 <a href="mailto:Gills10foreststreet@gmail.com">Gills10foreststreet@gmail.com</a>	Delivery service only at present. No collections permitted. Order by email or phone.
Go Green (Eric)	01626 853558 <a href="mailto:eric@gogreendevon.com">eric@gogreendevon.com</a>	Bread rolls and other baked products; Town Hall forecourt; Tuesday, Thursday and Saturday. Delivery via Evergreen Farm.
Harvey's of Chudleigh	01626 853109	Open Saturdays, 10am to noon for takeaways only: bacon baguettes, sausage rolls, pasties, home-made cakes and hot drinks.
Lloyds Pharmacy	01626 854977 <a href="https://www.facebook.com/pages/lloyds-Pharmacy/749725651734312">https://www.facebook.com/pages/lloyds-Pharmacy/749725651734312</a>	Open Monday to Saturday; mornings 10am to 1pm; afternoons from 2pm, with variable closing time. Daily timetable on Facebook.
Mei Wah	01626 853714 <a href="https://www.meiwahchinese.com/">https://www.meiwahchinese.com/</a>	Open 6 days per week, closed Tuesdays. Opening times on website. Collection or delivery. 20% discount for NHS staff with I.D.
Pet's Corner	01626 852273	Open Monday to Saturday, 11am to 1pm. Free same-day deliveries if ordered before 1pm.
Phoenix Restaurant	01626 859005 <a href="https://www.facebook.com/PhoenixChudleigh/">https://www.facebook.com/PhoenixChudleigh/</a>	Takeaway Tuesday to Saturday 5pm to 8pm (call after 4pm), collection (preferred) or delivery. Sundays noon to 2pm (order via Facebook by 8pm on Friday).
River Teign Shellfish Ltd	07517 231810 <a href="http://www.teignshellfishdevon.co.uk">www.teignshellfishdevon.co.uk</a>	Minimum order 2kg. Order via form on website. Delivery only. Pay by BACS
Rominoss Pizza	01626 685796	Opens 6 days per week from 5pm (closed Monday). Discount for NHS staff with I.D.
Sangers	01626 852376	Open Monday to Friday, 7am to 2pm; and Saturday 8am to 2pm. Telephone orders welcomed.
The Sugar Mill	07951 235563	Delivery only.

## On A Lighter Note...

### Carole's Week

An Almanac helps us connect with the natural world around us and the year ahead as it unfolds. I was given one last year and it is a fantastic little book. Using a similar format for each month, it takes you through the rhythms of the year—cycles of the moon and the tides; earth's orbit and length of days; the movement of moon, sun and planets performing their cosmic dance in the sky for all to see. Reflecting on these wonders of the universe, it's not hard to become aware of how we are part of one world, wherever we live on this blue planet. It's not only astronauts who get a different perspective on the world we share. Being in lockdown has given many people all over the world a chance to think bigger thoughts and this little book does something similar.

Just as the moon moves the earth's water to create the tides, my Almanac tells me that it might affect ground water and the tiny amount in plants, too. Planting by the moon uses the rise and fall of water with the moon's phases. For instance, we should try planting root vegetables and slower germinating crops at the time of a new moon, because soil moisture is increasing. On the other hand, plant your seedlings and young plants that develop above ground, in the first quarter to full moon. I wonder if it works.

After packing up my gardening things and dragging the prunings to the bottom of the garden, I love to sit in the garden on a warm evening, listen to the last songs of the robin and blackbird and gaze at the moon in a clear sky as the stars come out. With the disappearance of traffic and aeroplanes, we've enjoyed a few weeks of even more peace and quiet than usual as we move from dimpsy to dark. Lovely. But I expect you've noticed too, the traffic is back.

Each month the Almanac includes a little story, a song, feasts and festivals; nature notes and a cheese of the month!



*Flower Marie,  
Carole's cheese  
of the month.  
Have you ever  
tried it? Do you  
know where it  
can be bought  
around here?*

This is how I learned that there is a cheese from West Sussex called, *Flower Marie*. It's made from unpasteurised sheep's milk. I've never heard of it, let alone tasted it, but we are told that it has a 'soft, rich texture and sweet, subtle citrusy flavour, developing stronger notes as it ages'. Let me know if you are familiar with it and perhaps I'll get to try it.

*Take care and stay safe.  
Carole (Smart) x*

P.S. The Almanac says nothing about moles. The little varmints are back! They are a nuisance, but they do provide lovely soil for my flowerpots.

### Virus Verse

This week's poem comes from Estelle Sossat who has been musing life under lockdown and whether we will learn any lessons from this quiet hiatus from everyday busy-ness.

#### **LOCKDOWN**

Yesterday life raced in the fast lane;  
Places to be and much to conquer:  
Work, social media and traffic too.  
A quiet day aspired to and yearned.

Today silence is a raging pain.  
As fear and anxiety gather,  
Talks of mental health are still taboo.  
Hopes and desires all have been churned.

Tomorrow let's not it be in vain:  
Spread your smile and joy even further,  
Slow your day with not too much to do,  
Indulge in the lessons to be learnt.

The future can be a massive gain  
If there's love, respect for each other.  
Now we have a chance for a "Take Two",  
Live life to the point of no return.

*Estelle Sossat*

### **Portraits for local Keyworkers**

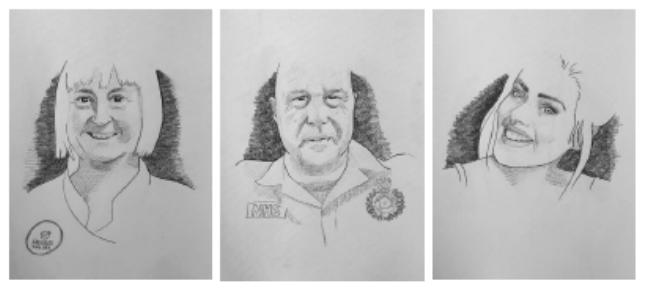
I am a local artist based in Chudleigh and would like to offer those who have worked as a key worker during the Coronavirus pandemic a free portrait to thank you for all you have done during this time. This includes anyone who works in a local hospital, shop workers, carers, teachers, delivery workers, and many more.

These portraits, made in pencil from a photograph of the keyworker, once completed will belong to you. I would also like to put together a small celebration- when we can safety do so- to truly say thank you, so propose to bring all these portraits together in a local exhibition at a later date.

If you are interested in taking part or know someone who you would like to nominate, or would like further information, please email me at:

[ameliawebsterart@gmail.com](mailto:ameliawebsterart@gmail.com)

You can also view my artwork at:  
[www.ameliawebsterart.com](http://www.ameliawebsterart.com)  
Instagram: @ameliawebsterart  
Thank you and stay safe





## On A Lighter Note...

### Chudleigh School's New Garden

Chudleigh Primary School is now the proud owner of a fantastic new outdoor growing area thanks to FOCS, the Co-op and a lot of hard work by children, parents, teachers and the contractor, Outdoor Play.



The old raised beds and seating circle were rotting away so a decision was made a couple of years ago to raise funds to replace them. Luckily FOCS were successful in their application to the Co-op Community Fund and a grant for £4,096 was presented to FOCS last autumn.

A wide range of community volunteers, including the Shanty Men, parents, teachers and the School's own regular Mud Club worked hard to clear the old raised beds during several working parties before the work could commence.

Outdoor Play started work on the new raised beds and seating circle this Spring but, due to the lockdown, work was temporarily brought to a standstill. However, with the recent easing of restrictions, Outdoor Play were able to return with a final delivery of compost and complete the garden. The school is now planning to plant up the garden as part of its summer term activities.

Plans for a garden open day this summer have been put on hold until the pandemic has passed, but once it is safe to do so, FOCS will organise a garden celebration!

FOCS would like to thank everyone who has contributed to the new school garden, including the Chudleigh Rotters who kindly donated £250 to buy new hand tools for the children.



Bobby Hughes  
(On behalf of FOCS)



### Join The Silly Squad



The annual Summer Reading Challenge for children is now underway. Have your kids joined the silly squad yet? Get all the details by [clicking here](#).

### Running For The Zoo

Two Chudleigh children, Amy and Aiden Cole, are taking part in the Devon Virtual Games, and they have until 14th June to run 40 miles! This means they will run approximately 3.6 miles each day, and add up the totals until they reach their 40 miles.

They decided they want to raise money for Paignton Zoo at the same time. This is a wonderful zoo and the Cole family has very happy memories there. Without visitors because of COVID-19, the zoo is really struggling. It would be nice to give it a little boost. You can sponsor these special little runners by [clicking here](#).



### To Russia With Love

As some of you will know, our editor, Kate McCormick, spent a lot of her working life in Russia and the former Soviet Union countries. So we just had to highlight this great news story from the other side of the world.

A fake Russian choir, based in New South Wales, and revelling in the name of Dustyesky, has become an internet sensation in the Motherland.



Mullumbimby is a small, subtropical town near Byron Bay in northern New South Wales. It is described as 'a freewheeling place of yoga, marijuana, veggies and decidedly alternative ways of being.'

It all began as a bit of a sing and a few beers on Tuesday nights. The singers all live in relationships where they have to co-parent and do half the cooking. They can't just go to the pub; they need an excuse. So they formed a Russian choir—apparently at 2am one morning, after drinking vodka at a party. [Sounds very Russian to me. Ed.]

But then they accidentally went viral, were picked up by Russian television and are now known to millions of Russian people. In his impressive fake Russian accent [which certainly sounded genuine to me. Ed.] master of ceremonies for the choir, Mark Swivel, explains: "Dustyesky is the leading genuine fake Russian choir in the southern hemisphere." You can check out the choir and hear some of their singing by [clicking here](#).

## Wild About Chudleigh

### Prickly Hedge

**THIS IS A WATER BOWL**

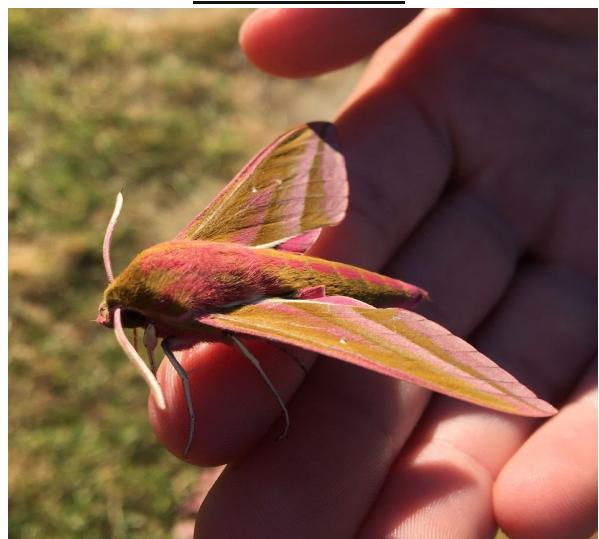
It's not fancy, it's just a bowl with water in it. However, by placing it outside where wildlife has access to it, you might just save a life!

It's just that simple. Put a bowl of water outside and keep it full. Be a hero!



*Take care, Barbara Steele  
[chudleighpricklyhedge@gmail.com](mailto:chudleighpricklyhedge@gmail.com)  
[Facebook: Chudleigh Prickly Hedge](#)*

### Picture That...



Last week, we brought you Rachel Houghton's picture of a Privet Hawkmoth. This week, she's spotted another beauty right here in Chudleigh. This time, it's the Elephant Hawkmoth.

**Let's Go WILD ...about Britain!**  
 Interesting facts & information about Britain's wildlife. [www.letsgowild.co.uk](http://www.letsgowild.co.uk) [info@letsgowild.co.uk](mailto:info@letsgowild.co.uk)

### Leaf Hunt!

Learn to identify trees by using our leaf guide! How many can you find?

			
<input type="checkbox"/> alder	<input type="checkbox"/> ash	<input type="checkbox"/> beech	<input type="checkbox"/> birch
			
<input type="checkbox"/> elder	<input type="checkbox"/> field maple	<input type="checkbox"/> hawthorn	<input type="checkbox"/> hazel
			
<input type="checkbox"/> holly	<input type="checkbox"/> horse chestnut	<input type="checkbox"/> oak	<input type="checkbox"/> rowan
Have you found any other leaves? Draw or stick them here and find out their names:  <input type="checkbox"/> sycamore			

Thank you to The Woodland Trust for sharing this great activity.  
 Get more free activities and games for children at their website for children: [www.naturedetectives.org.uk](http://www.naturedetectives.org.uk)

Please see activity terms and conditions on [www.letsgowild.co.uk/legal](http://www.letsgowild.co.uk/legal) © Copyright Let's Go Wild. All rights reserved 2015.

### Look Out For...



There's a lot to see when we're out and about on our walks, especially at the moment. Here's a couple of ideas to get you started:

#### **Leaf Hunt**

Learn to identify trees by using this leaf guide. How many can you find?

#### **Slow Worms**

Despite appearances, the slow-worm is actually a legless lizard, not a worm or a snake! And it's completely harmless. Look out for it basking in the sun on heathlands and grasslands, or even in the garden, where it favours compost heaps.

